

Levelland, Texas

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Gililland crowned Miss Caprock at annual scholarship pageant

by KAITLYN HYDE Photo Editor

Rebecca Gililland was crowned Miss Caprock during the 61st annual scholarship pageant at South Plains College.

The event was held on Nov. 16 in the Tom T. Hall Recording and Production Studio in the Creative Arts Building on the Levelland campus.

"I am so excited," said Gililland after being crowned as the winner. "I am so honored to be Miss Caprock. It has honestly been one of my goals since last year."

The daughter of Marsha and Tony Gililland of Wolfforth represented the Student Government Association. She said that she hopes to use the \$750 scholarship toward finishing her mentor program, as well as helping to give back to her parents

who have supported her while in school.

Gililland said. "Honestly, I was too shy. It took a lot in me to get up here this year, but I am really glad I did."

"I did not run last year,"

All of the contestants participated in an interview session with the judges earlier in the day. The interview is worth 50 percent of the participant's overall score.

During the show, after both the 'After 5 Wear' and 'Formal Wear', which comprised of 25 percent of the scoring, the top five contestants answered onstage questions from the judges, which covered the remaining 25 percent.

Gililland's answer to the one stage question was that her greatest academic achievement was receiving Psychology Student of The Year Award, because it gave her the confidence she needed to continue to pursue a challenging career path.

"I am so excited," Gililland said. "I had the goal of doing the pageant since last year. Every girl on that stage deserved it, and I am so honored and thankful that they chose me."

Susannah Reeser, 20, a sophomore Pre-Medical major from Guadalajara, Jalisco, received a \$500 scholarship after finishing as the first-runner up. Reeser represented the Biology Club.

Rounding out the top

five contestants for the night were: Autumn Bippert, 20, a sophomore Photojournalism major from Georgetown, who represented the Press Club and the Plainsman Press; Allyssa Almager, 19, a

major from Lazbuddie, who represented the Residence Hall Association; Shannell Alvarez, 20, a sophomore Pre-Nursing Major from Lubbock, who represented Catholic Student Ministries; Ashly



Rebecca Gililland, Miss Caprock 2018, and Susannah Reeser, first runner-up, were crowned during the 61st annual scholarship pageant held on Nov. 16 in Tom T. Hall on the Levelland campus. KAITLYN HYDE/PLAINSMAN PRESS

sophomore Pre-Veterinary Medicine major from Levelland, who represented the STAR Center; and Dominique Gonzales, 20, a sophomore Accounting major from Whiteface, who represented Campus Ambassadors.

Letcher, 20, a sophomore Geology major from Artesia, N.M, who represented Campus Ambassadors; and Danisha Lewis, 18, a freshman Sports Broadcasting major from Lubbock, who represented the Black Student Union.

Rangel retiring after 44 years of service at SPC

by KAITLYN HYDE Photo Editor

Finding a dream job can be hard for some people, but not for Andrea Rangel.

Rangel has been helping students at South Plains College for 44 years and is planning to retire on Dec. 14 of the 2018 fall semester.

Brownfield, Texas, Rangel graduated in 1972 from Brownfield High School and came to SPC during the fall semester of that year. She graduated from SPC in 1974 with an Associate of Applied Science degree in Secretarial Science.

During the summer after her graduation, Rangel says that SPC sent her a follow-up to see what she was doing. She had been working at a summer job that was about to end. The administrative dean at the time contacted her soon after, offering her a part-time job at the college.

Rangel then began working on earning her bachelor's degree at Texas Tech University. She also decided to start a family. She married her husband in 1976 and lived in Levelland for two years before moving to Lubbock.

Around the time when they decided to move to Lubbock was when the Lubbock campus was opening. So, Rangel decided to transfer to work in the Financial Aid Office.

"I was able to complete my bachelor's but not my master's, because you know, life happens and the little ones took up Originally from more time than I antici-

Rangel had a lot of responsibilities, that did not slow her down from pursuing higher education. She graduated from TTU in 1988 with a Bachelor of Science Degree in Education.

"At first, I thought, 'Oh my gosh, I don't know if I'm going to be able to do this, everything is so

cords Office at the Lub-

bock campus. Although



Andrea Rangel began her career at South Plains College 44 years ago after graduating from high school.

KAITLYN HYDE/PLAINSMAN PRESS

pated," Rangel explained jokingly. "I was trying to raise a family, go to school full time, and work at the college."

She worked in the Financial Aid Office for a while before moving to the Admissions and Re-

hard," Rangel recalled. "But what encouraged me is being a first-generation college student. I wasn't prepared for the college route, but the professors were wonderful, and they were all very encouraging."

For Rangel, everything was quickly falling into place, and she knew that SPC was where she wanted to stay.

"My parents worked in the fields for the majority of their lives, and I didn't want to do that same thing," Rangel says. "My grandmother would always tell me that she also didn't want me working in the fields like the rest of my family ... and

the rest is history." After completing her bachelor's degree, a position opened at the Levelland campus and she was quickly recruited.

"I was offered the position at the Levelland campus and I became assistant registrar," Rangel says. "I held that position for about six years."

After serving as assistant registrar, Rangel was offered the job of Dean of Admissions and Records in 1998 and has held the position since then.

"My parents taught

me to be a hard worker," she said. "So, I just went along with it and kept on going."

During her time at SPC, Rangel has seen many changes, such as the diversity of the students on campus and technology See "Dean" on pg. 3



Dr. Annette Smith

life of 58 years on Nov. 14 in the Sundown Room of the Student Center at SPC in Levelland.

"I have never known a stronger or braver woman than Dr. Annette Smith," said Dr. Gale Malone, Smith's friend and supervisor. "She faced, with in-

credible courage, the most

challenging of treatments,

undergoing chemo or ra-

diation in the morning,

and then coming to cam-

pus to teach her classes

in the afternoon during

the fall 2017 and spring

2018... One of my favor-

ite memories is her hug-

ging a track student who

had been up to the third

floor of the Library for tu-

toring. I heard her say that

she knew he missed his

momma, so she was go-

The other contestants khyde6274@students. included: Julie Chavez, southplainscollege.edu 19, a freshman English Beloved protessor remembered tor

by KAITLYN HYDE Photo Editor

Dr. Annette E. Smith, a beloved professor at South Plains College, is fondly remembered for her joyous spirit and kind heart.

Dr. Smith passed away November 11, 2018. A visitation was held on Nov. 13 at Lake Ridge Chapel and Memorial Designers in Lubbock. Family and friends also gathered to celebrate her



and married Aaron Smith in Maui, Hawaii on March 16, 1992. Smith attended Midland College earning her Associates in General Studies. She then transferred to Texas Tech University and received her bachelors of Business Administrations and her Masters in Education. Smith had also recently received her doctorate from TTU.

See "Despite" on pg. 2

Cove: Cov		Reese Center	Alumna found her	Writer Jodi Thomas	Texans basketball	Goat Yoga brings
Feature Entertainme	page 4	Library organizes ninth stocking drive	career path at the Plainsman Press.	speaks to students, signs books during	team continues to improve on their	a unique twist to working out.
Opinion	page 9	for children in need this holiday season.		campus visit.	record for the 2018- 2019 season.	Ū.
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December 3, 2018

News

Plainsman Press

Library exhibit highlights Latino WWII veterans

by MAKAYLA **KNEISLEY** News Editor

A new exhibit at the Library on the Levelland campus of South Plains College honors Latino World War II veterans.

Looking for an exhibit that would fit in SPC's open Library space, the employees reached out to Humanities Texas, picking "Images of Valor," which features Latinos and Latinas who were involved in World War II.

Jessica Miesner, public services librarian at SPC, said their director, James Belcher, "was a war veteran, and this one was on top of his list as well because it's important to him."

Miesner added that Scott Buchanan, professor of history, and Christina Bearden-White, assistant

"I chose the exhibit on World War II veterans because I teach American history and wanted my students to be aware of the vast contribu-

picked the exhibit.

tion of Latinos in the military," said Bearden-White.

During the week, the exhibit is available for viewing during the Library's regular business hours. Starting in December, their Monday-Wednesday

hours will change, staying open until 10 p.m. They will also be open on

professor of history, also Sundays until Dec. 12, plays several important which is the last day the parts of the war, includ-



The "Images of Valor" exhibit, on display in the Levelland campus Library until Dec. 12, features Latino World War II veterans.

MAKAYLA KNEISLEY/PLAINSMAN PRESS

Library will have "Images of Valor" available. "Images of Valor" dis-

ing quotes from men and women who served during that time. Each panel has a

different quote and holds a short explanation of

why it was important. The exhibit displays Rural to Urban migration, women in the military, women on the home front as nurses, political representation, civil rights, citizenship-naturalizing after the war, language, patriotism and identity, military honors, and education-GI Bill of Rights. It ends with a panel about women who took over work for men during 1940 -1945.

Miesner stated that "Images of

Valor" was the first exhibit that they have offered through Humanities Texas.

"We didn't really know what quite to expect until it showed up," she explained, adding that "Images of Valor" was one of the more affordable so they decided to give it a try to see how it worked out.

The exhibit is made to be placed on a wall in a specific order. However, Miesner said, "we didn't have a way to put it up on the wall." So, they had to figure out how to put it up. Figuring out a way to display the exhibit on partitions, they were able to get it up before Veterans Day.

"We're trying to start doing more exhibitions since we have the space," Miesner said. "It gives community members and students more chances to come in. We will definitely be getting more from them in the future."

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Annual campus report shows increase in crime

by AUTUMN **BIPPERT**

Editor-in-Chief

The annual crime report for South Plains College for 2017 shows an increase of burglary, drug and alcohol violations on campus.

The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act, which was passed in 1990, requires by law that all colleges and universities that receive federal

rare that items are stolen from secured locations."

There were no cases of aggravated assault reported on the Levelland campus, which is a decrease from one in 2016. However, there was an increase of four charges reported to the Levelland campus that occured on public property.

Chief Castillo explained that the Clery Act requires that all crime that occurs on public property adjacent to campus be reported as well.

"If a crime occurs in one of the reportable geographic areas, we must report it if it is known to the local agency of that area," Chief Castillo explained. "So those crimes that are reported in those sections may or may not have been investigated by the South Plains College Police Department. We do have jurisdiction in the entire county, so we do handle some of those calls. But some of them are just those we are aware of and we want to make sure the community

campus student housing.

Arrests and disciplinary referrals for liquor law violations also increased largely. A total of 28 arrests were made in 2017, compared to only 15 in 2016. There was a total of 47 disciplinary referrals in 2017, an increase of 16 from 31 in 2016.

"I believe we have a rise in the drug and liquor violations for a number of reasons," Chief Castillo said. "First, there has been a rise in drug and liquor use across the country, and we get a portion of that. Second, we are encouraging reporting much more than was done in the past, and we have seen an increase in reporting because of that. We have also increased the rate at which we investigate and pursue allegations, which causes an increase in the number reported. We also have greater technology to assist in determining if alcohol has actually been consumed."

There were no reports or arrests at the Reese Center campus and Plainview Center campus.

The Byron Martin Advanced Technology Center and Lubbock Center campus both had one report of domestic violence that occured on non-campus property.

The Byron Martin Advanced Technology Center also had one report of motor vehicle theft, which occurred on non-campus property.

"We have a very low crime rate for each cam-

Despite illness, Smith continued showing passion for teaching

Continued from pg. 1

She began teaching at South Plains College in 2005, serving as Professor of Education and Coordinator of the Associate of Arts in Teaching program.

"Dr. Smith was my advisor, professor, mentor, and friend," said Amy McChesney-Hays, one of Smith's former students. "Dr. Smith was so passionate about the Associate of Arts in Teaching program that she designed 14-plus years ago... This amazing woman not only taught me how to be a better teacher by teaching me how to make a lesson plan, but also how to listen, encourage others, to be fair, kind, and tough when I needed to be. She cared about the whole person, even if the student decided to pursue another path." "Dr. Smith ALWAYS put others before herself," McChesney-Hays added. "Even arranging her medical treatments around her teaching schedule so that she wouldn't miss class. She was a passionate woman who cared about her current, former, and future students... Dr. Smith has touched so many lives by helping to create caring teachers who are passionate about teaching and passionate khyde6274@students. about changing the lives

of others. I will miss her tremendously!"

Dr. Smith was a member of many professional organizations, as well as being Section Chair for the Associate of Arts in Teaching with the Texas Community College Teachers Association (TCCTA). She was also a founding member and officer of TCCTA and had

funding share information about certain crimes which occur on and around campus.

The report is collected, reported and disseminated by the Vice President for Student Affairs, Dr. Stan DeMerritt, with assistance from the Dean of Students, Dr. Lynn Cleavinger, and the Chief of the South Plains College Police Department, Nikolis Castillo, before Oct. 1 of each year.

Burglary on the Levelland campus increased to four cases in 2017, compared to one in 2016. All were reported from on-campus student housing. There were also six cases of burglary on public property that were reported to the Levelland campus.

"By far, the most common crime is theft," Chief Castillo said. "The most common reason that it occurs is that items are left unattended or doors are left unlocked. It is very

is aware as well." Motor vehicle theft increased by one from zero in the previous year. The incident occured at oncampus student housing.

There was a large increase in arrests and disciplinary referrals on the Levelland campus.

There were 19 disciplinary referrals for drug abuse violations, 15 more than the previous year. All of the drug abuse violations occurred in on-

There was one report to the Levelland campus of intimidation that occured online.

There was a decline in the number of rape, aggravated assault, dating violence and stalking cases, as well as arrests for carrying and possessing weapons.

Rape, aggravated assault, dating violence, and arrests for weapons all dropped to zero in 2017 from one in 2016.

Reports of stalking on the Levelland campus also dropped to zero in 2017,

pus in comparison to the municipality in which it is in," Chief Castillo explained. "However, we are still a part of the city, and we have an open area campus and we do see some crime"

Chief Castillo said that the South Plains College Police Department is working diligently with the college administration and making great strides in improving campus safety. The College has made efforts to make reporting and complaint forms available online at Southplainscollege.edu.

A full copy of the Campus Security Policy and **Campus Crime Statistics** report can be found online at http://www.southplainscollege.edu/studentconsumerinformation.php under Security, Crime and Fire Safety Reports.

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been recognized for her excellence in teaching. Dr. Smith also was an active member of the Rotary International in Levelland, Texas.

"Mama Smith was one of the most remarkable women I've ever met," said Katy Crutcher, another one of Smith's former students. "She took time out of her day to help ANYONE who needed it. One of the things I always remember her saying is that "Your students will work their hardest to rise to the expectations that you set for them." I always try to remember this in my classroom and push my students to be the best they can be, just as she did for ALL of her students. She definitely left a mark on my heart, and I will be forever grateful for everything she did to help me become the teacher I am today."

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December 3, 2018

Ninth annual stocking drive benefits children, teens during holidays

by AUTUMN **BIPPERT** Editor-in-Chief

For the ninth consecutive year, the South Plains College Reese Center Library is organizing a stocking drive for children in need.

The idea for the stocking drive came from students working in the Reese Library. One of the students had been involved in an organization called **Project Homefront** that collected toys for children in military families. When she had toys left over, another student suggested the extra toys be put in stockings and taken to local hospitals. The Library

is collecting new Christmas stockings and stocking stuffers to fill their goal of 200. They are asking for students, teachers and people in the community to donate.

Library welcomes any SPC student to volunteer to help the Library student workers and staff with the collection of donations and stuffing the stockings. They are also receiving help from students from the Catholic Student Ministry of South Plains College and students from Texas Tech University's AVID First Year Experience (AFYE)

program partnering this year. The AVID First Year Experience

program provides supplemental academic support to students entering into their first year at

Texas Tech. Т h е stockings will be delivered to children

in Lubbock, Levelland and Plainview hospitals, as well as to agencies that serve women with children and agencies that shelter homeless families. These locations

House, Hope House and Spirit House (both are a part of Family Promise Lubbock), Women's Protective Services, and the Restoration Empowerment Center. The Empowerment Restoration Center in Lubbock was founded and directed by former SPC student Janet Railey. The children receiving

these stockings will be between the age of 5 months to 17 years old, and there are sibling groups in most of these locations.

Donations are being accepted through Dec. 14, and the deliveries will start during finals week. Donations can be dropped off at the Levelland and Reese Center campus libraries, as well as at donation boxes located at each building at Reese Center.

"Our first delivery date is December 12, but we will have others later that week," said Tracey Pineda, librarian at the Reese Center campus and the director of the stocking drive. "Last year, with the help of a family member

The Reese Center include My Father's who travels to Plainview every day, stockings were dropped off at the Covenant Hospital there the week after finals."

the stocking stuffing can begin.

"Finding space to sort and prepare the stockings appeared at first to be



A wide variety of items can be donated, including: baby wipes, infant clothing, bottles, teething toys, stuffed animals, bath toys, toys for various elementaryaged boys and girls, dolls (small enough to fit into stockings), puzzles, art supplies, paperback books, snacks, school supplies, caps and scarves, and hygiene products, among others.

As donations are received, students sort the stocking stuffers by age appropriateness. Then

a challenge this year, because the spot we used last year was booked," Pineda explained. "But thanks to quick thinking by Juanita Yanez, the Library technical assistant at Reese, and the permission of the Dean of Reese, Kara Martinez, we are now in a bigger space that is currently unoccupied in our building, the area that used to house Reese Admissions and Records. Instead of a pop-retail store, we've got a pop-up Santa's workshop."

After students finish

filling and packing up the stockings, they will be hand delivered to as many children as possible.

Plainsman Press

During the past eight

3

years, with the help of the SPC community of students, faculty and staff, the library has been able to donate hundreds of stockings to children.

"Students, faculty, and staff all share in this project that benefits people in the

communities SPC serves," Pineda said. "It's just great seeing people who don't necessarily work in the same department, or on the same campus, or who don't even know each other, work together to accomplish something like this."

For additional details, or to contact Pineda or Yanez about drop-off locations, call 716-4682.

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Regents discuss student demographics, retiring employees

by AUTUMN **BIPPERT** Editor-in-Chief

The student demographic profile and the employees when who will be retiring in December were among the president for institutional advancement, presented the enrollment snapshot of student demographics for fall 2018.

The fall 2018 headcount is 9,279, which is only four students less than

female. There was a drop of 217 male students, which was offset by an increase of 213 female students.

"Gender is following a very familiar trend," John explained. "We've enrolled more women this fall than men compared to last year. In fact, we've seen a 5.3 percent drop in the enrollment of men. That's 217 fewer than last year. And that accounts for about 42 percent of our students this fall, compared to 44 percent last vear."

6.3 percent, are African-American; 130 students, 1.4 percent, are Asian; 4,525 students, 48.8 percent, are Hispanic; and 79 students, 0.9 percent, are other ethnicities. show that 22 is the average age of a SPC student. The large majority of students enrolled are under 22; 6,251 students, 67.4 percent are under 22 years old; 1,057 students, 11.4 percent, are between 22 and 24 years old; 964 students, 10.4 percent, are between 25 and 30; 439 students, 4.7 percent, are between 31 and 35 years old; 483 students, 5.2 percent, are between 36 and 50 years old; and 85 students, 0.9 percent, are older than 50. The total number of non-traditional

Age demographics

In residency demographics, 8,930 students, or 96.2 percent, are Texas residents; 230 students, or 2.5 percent, are out-of-state residents; 119 students, or 1.3 percent, are international residents;

are split into two categories: academic and technical. There are 7,400 students, 79.7 percent, who are in academic majors, while 1,879 students, 20.3 percent, are enrolled in technical

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topics discussed during the November meeting of the South Plains College Board of Regents.

Dr. Ryan Gibbs, vice president for academic affairs, presented a list of retirees for fall 2018.

"We have a five retirees: this time around, with a total of 97 years," Dr. Gibbs said. "Almost half of it was with one person, Andrea Rangel."

The five retirees are Jim Belcher, director of Libraries, with nine years of service; Sue Ann Lopez, dean of health occupations, with 24 years of service; Michael Coler, assistant professor of computer aided drafting and design, with 10 years of service; Andrea Rangel, dean of admissions and records, with 44 years of service; and Ron Spears, dean of continuing educations, with 10 years of service.

Dr. Gibbs said that replacements for Coler and Spears have already been found.

Stephen John, vice

reported last year.

"About 78 percent of our students this fall are what I classify as college level students," John said. "They're not dual credit students. They are students who have already graduated from high school and coming to college, and that total is 5,217."

Dual credit students, who are enrolled in both high school and college courses, make up 22 percent of students, totaling 2,062. That represents a 30-percent increase from the previous year.

John reported that there was a decline of 486 college level students this fall, which was offset by an increase of 482 dual credit students, resulting in a net decrease of four students.

Other demographics presented included gender, with 41.7 percent, or 3,867, students enrolled, being male. The remaining 58.3 percent, or 5,412, students, are

John said that this is the highest percentage of females enrolled since fall 2011, which was a record year for enrollment, with 10,505 students.

'What could be driving this again is that dual credit increase," John said. "We find that female students in high school tend to be the ones that take dual credit courses more so than male students. And so because we have such a large increase in there, we feel like some of that is driven by the dual credit side. Last year, 61 percent of our dual credit students were female."

Ιn ethnicity demographics, 3,959 students, or 42.7 percent, are Anglo; 586 students, aged students is 1,971, which is 21.2 percent. "As for the course load this fall, we had about 46.1 percent of our students enrolled on a full-time basis," John explained. "This is 4,273 students, which is about 6 percent

less than last year." Part-time students make up 53.9 percent of enrollment, which is 5,006 students. Part-time students have increased by 6 percent from last year.

and 778 students, or 8.4 percent, are in-district residents, which is up 33 percent from last year.

Major demographics southplainscollege.edu

Dean of Admissions and Records has plans for travel after retirement

Continued from pg. 1

being used throughout the campus. But she says that one thing that has stayed the same is the college's mission to improve each student's life.

"My goal has always been to do whatever I could to help students out," Rangel said, "And I have really enjoyed working with them so they can be successful. I don't know how many graduations I have been to, but every time I get so emotional because it's so wonderful getting to see these students complete their education at SPC."

After retirement, Rangel plans on spending more time with her sons and granddaughters who live in Dallas, Texas, as well as relaxing at her lake house in Runaway Bay, Texas, with her husband.

"People think I am not much of an outdoor person," Rangel said, "but I really do love to go out there and get on the boat or the jet skis."

She and her husband also have a membership for a dance club which they go to every once and a while with 50 other couples.

Rangel also says that she hopes to spend more time traveling.

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majors

Feature

December 3, 2018

Plainsman Press

Student finds career inspiration from family

by **GENEVA NATAL** Feature Editor

here are two choices when leaving high school: go to college or get a job.

Not many people have the luxury to spending a year finding themselves in a foreign country. Carolyn Sinklier, an education major at South Plains College, knew this and made the decision to better herself for others.

"It was my brothers, and counseling." Sinklier said. "I didn't want them to see how everything affected me. They absorb what I do, and I didn't want that for them. So I changed for my brothers and for me."

town of Brownfield, Sin-

rated into different foster siblings and practically homes.

After two years of separation, Sinklier and her siblings were adopted by a couple in Abernathy, Texas. The couple already had two biological children of their own. When Sinklier moved to Abernathy, she attended Abernathy High School for the remainder of her high school career and graduated in a class of 42.

Sinklier chose to go to college, where she aspires to be a teacher to elementary students who struggle with autism.

"All of my biological brothers are autistic," Sinklier says. "They are the ones who inspire me; I love them."

Raised in her home- to Sinklier. When she was separated from her

raised her younger brothers. This challenge gave her positive experiences in how to handle multiple individuals with autism and the mental challenge that comes with raising them

"My mom lost it and did illegal activity that kept her out of the house and me and my siblings alone," Sinklier explains. "I had a responsibility."

That responsibility helped Sinklier find who she wants to become. She plans to graduate from SPC in the coming years, and started off her freshman year with a spring in her step and motivation to be better.

When not taking class-Family is important es, Sinklier does make time to go see both her biological and foster famfulfilling her dreams, she tination and time managehas found a home at SPC. "I really like how SPC

has a smaller

campus," Sin-

klier explains.

"Being able

to have a one-

on-one with

instructors

and building

that connec-

tion so I can

She has

learn better."

found a way to fit into the

college life as

she has adjust-

ed to all the

other changes

in her life. As

of now, Sin-

klier plans to

stay on this

course, hop-

ing to attend

a four-year

college when

she graduates

says that she is

"going where

life takes me,"

and, for now, she is enjoy-

and awesome french

include, like many other

college students, procras-

"SPC has free cable

Her biggest problems

ing the best of SPC.

fries," Sinklier says.

Sinklier

from SPC.

nections she has made ment. with her teachers, Sinklier

"In college, you are says she will still pass and



Photo courtesy of Carolyn Sinklier.

responsible for getting to class and turning in work," explains Sinklier. "I forget about my deadlines and don't pay attention. I have missed a whole module."

However, with the con-

make it to her second semester. Through the struggle, Sin-

klier says she is "taking the good with the bad" at SPC and realizes that there will be more good than bad in the end.

"There's a lot of damage, but if none of that would've happened, I would probably be pregnant, selling drugs, and living paycheck to paycheck," Sinklier says. "I am one of 'Vickie's' kids, but that doesn't mean I am her. She has a reputation, and I am not following in her shadow. But now I'm in college. I have my

own car, and I am going to be my own person, not what others want me to be."

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6 It was my brothers, and counseling. I didn't want them to see how everything affected me. They absorb what I do, and I didn't want that for them. So I changed for my brothers and for me.

klier lived there with her siblings, she found per- ily that are both close mother and three siblings. Soon after, she and her siblings would be sepa-

severance by thinking of them. She has always spent quality time with her

by SPC. Bettering her relationships, building life-long friendships, and

Retiring librarian sad to leave, happy about starting new chapter in life

by MAKAYLA **KNEISLEY** News Editor

for four years, he earned at Texas Tech University his Master of Business Administration degree

and later earned a master's degree in Library Science

at the University of Oklahoma.

Before he came to SPC. three other libraries, here, I decided SPC was the place to be."

Praising his staff, he Belcher worked at said, "I am impressed every week by one or more of him or his family."

works as a fireman in Lubbock. The other lives in Pullman, Washington, "so we do not see a lot

With plans for the future, James Belcher is retiring after working for South Plains College's Library for 10 years.

Belcher, was born in Tulsa, Oklahoma, living there until he was about 6 years old. His family later moved to Bartlesville, Oklahoma, where he lived until he graduated from high school.

Belcher attended John Brown University in Arkansas for his freshman year, then transferred to Oklahoma State, where he completed his bachelor's degree.

After college, he served in the United States Navy for four years. Most of his time was spent at Whiting Field in Milton, Florida, which was the primary flight training base for the Navy. Belcher was an air traffic controller.

"Pilots earned their wings at our base and then moved on to advanced training," Belcher said.

After Belcher served



James Belcher, director of Libraries, is retiring after 10 years of working at South Plains College. MAKAYLA KNEISLEY/PLAINSMAN PRESS

Lanier Elementary of the staff at SPC with However, he hopes to

School Library in **66** I know they are Tulsa, Oklahoma, Fallsburg Public capable and willing to Library in South Fallsburg, New keep the Library moving York, and Neill Public Library in Pullman, Washforward and contributing ington.

Belcher said to SPC success.?? he applied for the position at SPC because he wanted to return to Lubbock.

"I had thought I would stay in the public library sector," he explained. "but there were no positions open in Lubbock."

Being ready for a new challenge and seeing that SPC came highly recommended, he took a job at SPC's Library.

"I still thought I would eventually go back to the public sector," Belcher said. "But once I got

what they do or know or are willing to contribute."

He mentioned that the staff at every place he has worked has been good, "but the staff here at SPC have been super good." He said he hates to leave them (the staff) because they work hard and they work together, never losing focus on helping students succeed.

"I know they are capable and willing to keep the Library moving forward and contributing to SPC success," said Belcher.

Belcher and his wife have two sons. One who he gets to see quite often

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change that now that he is retiring.

Belcher enjoys riding his bicycle, reading, working on puzzles, and puttering in his workshop. He said that he and his wife will try to do as much travelling as they can physically stand and afford.

'We have some mission work we want to get into, and, of course, lots of books to read," said Belcher of his retirement plans.

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Calling Santa's Helpers!

The Library's Stocking Drive needs help gathering, stuffing, and delivering Christmas stockings to children in local hospitals and homeless shelters.



FOR MORE INFORMATION ABOUT DONATING OR VOLUNTEERING, CONTACT LIBRARY STAFF AT 806-716-4682.

Date	Regul	ar Class Time	Schedule Exam Time	
December 10, 2018 (Monday)	MW MW MW MW	8:00 a.m 9:15 a.m. 11:00 a.m 12:15 p.m. 2:30 p.m 3:45 p.m. 5:30 p.m 6:45 p.m.	8:00 a.m 10:00 a.m. 10:15 a.m 12:15 p.m. 1:00 p.m 3:00 p.m. 5:30 p.m 7:30 p.m.	
December 11, 2018 (Tuesday)	TR TR TR TR TR TR	8:00 a.m 9:15 a.m. 11:00 a.m 12:15 p.m. 2:30 p.m 3:45 p.m. 5:30 p.m 6:45 p.m. 7:00 p.m 8:15 p.m.	8:00 a.m 10:00 a.m. 10:15 a.m 12:15 p.m. 1:00 p.m 3:00 p.m. 5:30 p.m 7:30 p.m. 7:45 p.m 9:45 p.m.	
December 12, 2018 (Wednesaday)	MW MW MW MW	9:30 a.m 10:45 a.m. 1:00 p.m 2:15 p.m. 4:00 p.m 5:15 p.m. 7:00 p.m 8:15 p.m.	8:00 a.m 10:00 a.m. 10:15 a.m 12:15 p.m. 3:15 p.m 5:15 p.m. 5:30 p.m 7:30 p.m.	
December 13, 2018 (Thursday)	TR TR TR	9:30 a.m 10:45 a.m. 1:00 p.m 2:15 p.m. 4:00 p.m 5:15 p.m.	8:00 a.m 10:00 a.m. 10:15 a.m 12:15 p.m. 1:00 p.m 3:00 p.m.	

Feature

December 3, 2018

Lopez retiring after 41 years in nursing, health occupations

by AUTUMN BIPPERT Editor-in-chief

When she was growing up, Sue Ann Lopez could never remember wanting to do anything else besides being a nurse.

Lopez is retiring from serving as the Dean of Health Occupations after 24 years at South Plains College.

She grew up in Statesboro, Georgia, attending high school there as well. Lopez said she did some of her pre-nursing coursework at Georgia Southern University in Statesboro.

"At that time, they did not have a school of nursing," recalls Lopez. "Then I transferred to Valdosta State University. I completed my BSN in June. And then in September, I started my master's at the Medical College of Georgia and finished that a year later and then practiced."

Lopez completed her BSN in 1976 and her master's degree in 1977. Then she began her career working in a hospital before working in private practice. She also taught at Georgia Southern University for four years after they started a BSN program.

Lopez moved to Levelland in 1994 to begin working at SPC. "My husband's home

is here, and so I was

program back home led to the expansion and it just, for whatever reason, seemed like a good time to move," Lopez explained. "There were a lot of changes going on within the department, within the division that we were in, and felt like the best thing to do would

be to relocate." Lopez said her husband told her about SPC. He grew up in Levelland and attended SPC. She said she made a few phone calls and found out there was a teaching position in the Associate Degree Nursing program.

"The rest is history," Lopez said. "I came and I interviewed over what was our spring break. It was a great place, and I like the town. It's pretty much the same as the town where we were living, and I got offered the job and we moved."

Lopez began as an instructor in the ADN program in the fall of 1994. In June of 1998, she became the Director of the ADN program and the vocational nursing program on the Levelland campus. She became dean of health occupations in 2010.

Lopez said she has seen growth in the number of students during her time at SPC. She said that the nursing school in 1946."

teaching at the BSN enrollment growth of facilities, including a new building, and locations.

> Lopez said that even though she has seen large growth, the focus of the college has not changed. It has always been student oriented.

"That is our main focus, the students," explained Lopez, "because without students, there is no need for any of the rest of us to be here. I think that when you look at the faculty, and the staff and administration, you can tell that this is their passion. This is what they love to do. And it comes across in their teaching and in their interactions with students, other faculty and staff.'

Lopez said that she has stayed at SPC so long because she loves her job. She said that it has been the best place she has ever worked.

The profession of nursing has changed a lot since Lopez first began school.

"I would love to take the students back to when I first went into nursing," Lopez said. "I would like to take them either from even further back, because my mother was a nurse, and she graduated from

a lab and

nurses had

to draw their

own labs,

type and

cross blood.

She said

the nurses

had to do

everything

themselves.

said that

when she

first started

practicing,

IV bottles

were glass,

and now

they are

collapsible

bags. She

also said

that when

she began

nursing,

there were

very few

procedures nurses

would use gloves for.

Now gloves are used in

dramatically," Lopez

said. "One thing

that hasn't changed,

unfortunately, is the

paperwork. You don't

have actual paper. Now

we have the same type

of charting that is on a

computer. I would like

to see nurses get back

to the bedside more

and be able to spend the

"It has changed

everything they do.

Lopez





Photo courtesy of Sue Ann Lopez

never change. Charting is a necessary evil for our job, but I would like to see the focus go back to the patient and

be more at the bedside." Lopez said that when when she begins orientation for a new class of student nurses. she always asks the students why they want to become a nurse. She said that she receives answers all across the board, such as their parents wanted them time with the patient, to, they know they'll experienced something happen in their lives when a nurse

played an

important

role. "But the one thing that I think you have to have is nursing has to be your passion," Lopez added. "I can never remember wanting to do anything else. Yes, my mom was a nurse. But I was never told that I had to be a nurse. Nursing is so diverse,

and there are so many different jobs that are available in nursing. You don't have to go in a hospital; you don't have to go in a clinic. There's so much open that you're not just put in a little cubby hole, so to speak. You can do any number of things that you want to do. But it needs to be your passion."

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Former student jumpstarts career with experience on Plainsman Press staff

by KAITLYN HYDE Photo Editor

[Editor's note: This story is part of an ongoing project in conjuction with the **South Plains College** Alumni Association. The project highlights former SPC students and their achievments.]

Like many young college students, Jessica Safavimehr Hernandez had struggled to figure out what she wanted to do with her life after graduation.

Safavimehr Hernandez graduated from Lubbock High School in 2004 and transferred to South Plains College during the spring semester of 2005.

While attending SPC, Safavimehr Hernandez was a staff writer for the Plainsman Press for both her freshman and sophomore years.

"Before attending SPC, I was a little all over the place major wise," she recalled. "I was undecided and had no clear direction in which I wanted to take my education. I had always had an interest in writing, and, more importantly, journalism. But I never realized my true feelings until my time at SPC.'

Safavimehr Hernandez came to SPC after attending the University of North Texas for a semester. She had to leave due to a family member falling ill. She wanted to continue her education,

but needed to find a school that fit with her work and life schedule.

"SPC provided flexibility and affordability in my time of need," Safavimehr Hernandez explained. "Looking back, I am so appreciative and grateful for my time at SPC, and I established relationships with instructors and fellow students that have continued through my current career."

Safavimehr Hernandez recalled that she enjoyed the small atmosphere of the college because she was able to build relationships with the faculty and staff. She liked how approachable the professors were, and how easy it was to get in contact with them.

"SPC set me up for success," said Safavimehr Hernandez, "and even though my last byline in the Plainsman Press was a bit touchy, I thoroughly enjoyed my time at SPC. College is such an impactful time in anyone's life, and having the opportunity to take courses in a close setting and getting to know instructors on a first name basis was genuinely beneficial."

She also shared some of her most fond memories while attending SPC, one of them being working late in the Newsroom on Paper Nights to create the upcoming issue of the Plainsman Press with her friends on the staff.

"Paper nights were one of the most educational experiences that I ever encountered at SPC," said Safavimehr Hernandez. "Learning from the rest of the team and Charlie was wonderful. I enjoyed being a member of the staff because I was given a bit of free reign to write articles I was passionate about and to express myself through writing."

Safavimehr Hernandez also spoke highly of Charles Ehrenfeld, associate professor of Journalism and Advisor for the Plainsman Press.

"Charlie made such an impression on me," she said. "He was incredibly supportive, and his vast wealth of knowledge stuck with me through my journey at both SPC and Texas Tech."

Safavimehr Hernandez transferred to Texas Tech University in the fall of 2007 to study Journalism and earned her minor in English in 2009.

While at TTU, she was a DJ for KTXT (88.1, Lubbock's only alternative radio station) and was also a member of the Delta Zeta Alpha sorority.

"At Tech, I became heavily involved in the retail world," Safavimehr Hernandez explained. "I quickly took a liking to the operations and loss prevention side, and before I knew it, I was off traveling the country assisting stores in need. I never stopped writing and consistently applied myself toward finding a career in journalism. I did some freelance work, but



Photo courtesy of Jessica Hernandez

the real opportunity for me came when I landed a job as an assistant to film producer Dallas Sonnier." After she began

working for Sonnier, Safavimehr Hernandez managed to work her way up and became his Vice President of Operations

for Cinestate and the Associate Publisher for FANGORIA magazine. For Safavimehr, this job was a dream come true to have the opportunity to work in the horror genre.

"My advice to anyone currently attending or thinking about a move to SPC is to make the most of your time," Safavimehr Hernandez said. "Take in the full experience! SPC has so much to offer, and in a smaller setting, so you are not lost in the crowd. Once you are at a fouryear university, it's easy to get lost in the crowd full of students or feel like a number in a class of 500. Attending SPC provides an intimate approach to education, which in my case is what I needed to jump start my education and career!"

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Entertainment

December 3, 2018

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Plainsman Press

Animated adaptation of holiday classic defines Christmas spirit

by **GENEVA NATAL** Feature Editor

green, he grouchy, Grinch is back again trying to steal Christmas from all the Whos in Whoville.

The new animated version of Dr. Seuss' "How the Grinch Stole Christmas" offers a kinder view of the lovable and sometimes relatable character, who learns a lesson that teaches adults and children alike.

In the movie, the Grinch, voiced by the dazzling Benedict Cumberbatch, tells the story from his point of view, as a grumpy and miserable outcast whose heart is "three sizes too small." His voice, along with Will Farrell's narrative voice, gives the movie a more cheerful version than the 2000 Ron Howard-Jim Carrey collaboration where the Grinch was more mean and hateful. He explains that he hates Christmas

because o f his childhood, and, in this version, how alone he was during this time of year as an orphan. He had no home, no family, no presents, and no joy. Because of this, he grew to be bitter

Cindy-Lou Who, with her bright blonde hair and can-do attitude, is crucial to getting the Grinch's heart to love Christmas. Other characters not in other films include a bearded neighbor who provides comedic relief. I was confused about why the Grinch had neighbors in the first place, but the storyline still follows the same general path story progresses, with only small tweaks. By having a neighbor, it shows him not being cast out from society but being isolated by his own action. Hopefully that teaches kids about a friendlier

community than in other versions where the Grinch was cast out. As the storyline

progresses, the Grinch's hate reaches a breaking point, so he decides to deviously plan to steal Christmas from the Whos. He becomes the anti-Santa, who, instead of giving, takes away Christmas in the hopes of stopping the celebration.

The Grinch makes

sleigh into a contraption only Dr. Seuss could have made up to properly execute his plan. This sleigh includes more high tech features than expected, but I do like that the creators were more modern in the design.

As the old the next part features the Grinch making the outfit to really play the part of Santa. Music accompanies this entire process with a spin on the song "You're a Mean One, Mr.Grinch." He does a test run with his new equipment to reach the roofs of the houses with his giant bag to carry the stolen items. However, his mode of transportation has a secret the Grinch didn't know about. The audience sees

of the film. He turns the "promoting" Max. They and he convinces her to ride on Christmas Eve

go back to bed before he is found out.

> She touches his heart, and those of many others, by asking for her special Christmas wish. Cindy explains the momentum of each

night to stop Christmas.

They succeed, and at the last house they meet Cindy Lou-Who, the girl who plants the seed that changes the story.

In the beginning of the

Christmas holiday and the real meaning. It's not about the materialistic things; it's the people you

> T h e community continues to sing, even without the presents and trees. Just like in other versions, the Grinch sees this as he is staring down from

the hearts of the audience. In a miracle event, the characters go back to Whoville with Christmas in the backseat.

The Grinch apologizes and explains himself before heading home. He is adjusting to being nice instead of mean, even giving Max a special present at the end. In another surprise twist, the Grinch does fulfill Cindy Lou-Who's Christmas wish in a special way.

They take him in and include him in the celebration. Finally, he feels happy on Christmas.

I think the movie is great. It was different than the other version I have seen, but the extra characters were not too overdone and fit well into Seuss

world. T h e

movie left me smiling and wishing for more. It definitely got me into the upcoming holiday season.

The animation was really detailed and well executed. The new take on the movie was a bit odd, but the change was needed. I originally thought that it would be something I paid only half attention to, but that was not the case. Since there are different characters, it kept the audience intrigued and paying attention. On the cliff. the downside, the kids This causes were not what I thought him to have they would look like. a change However, that is a small



and resentful towards Christmas а n d everything about it.

In this new animated version, there are the original characters such as the Grinch's dog, Max, who is just as cute as he is in all the other versions. he makes right by the end a n o t h e r w a y b y

the outfit himself and finds a different mode of transportation than expected. He acquires a sleigh through illegal activity, which I assume

that the Grinch just might have a heart, or at least the audience sees he isn't the monster that everyone, him included, believes.

The Grinch finds

movie, Cindy is planning just like the Grinch was planning. She wants to catch Santa to ask him a very big Christmas wish. Instead, she catches the Grinch, instead of Santa,

of heart, literally and figuratively, by having his heart grow

"three times" as big as his original.

He wants to give back Christmas, but it was already going over a cliff. There's a nice surprise twist that warms

price to pay for such an amazing experience and movie.

I give "The Grinch" a 9/10.

9/10

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glitches 'Fallout 76' disappoints with server, game-play

by REECE TURNER Entertainment Editor

follows the survivors of a nuclear apocalypse who spent a long time in "Vaults" while waiting for radiation to die down to livable levels for human beings to survive.

"Fallout 76" is not different in that respect, only now the survivors you meet get to be other "Fallout" players instead of non-player characters.

The new game by Bethesda begins like other "Fallout" games in the series, with the vault dweller waking up leaving their now abandoned vault. The game immediately opens up, and players can do whatever they want, giving the game a "sandbox" feel. This sandbox does have quests, including a short tutorial. Overall, the game feels exactly like its predecessor, "Fallout 4."

That is, until the player realizes, "Wait, this is Fallout 4... online." I can't say if this is particularly a bad thing, but it does take some getting used to. Immediately after hitting the world of "Fallout 76,"

I wanted to explore on my own. My friends who were online at the same The "Fallout" series time wanted me to stop what I was doing to check out something new that they had found, or help with a fight.

"Fallout 76" has extra features, though, including the C.A.M.P. system, which acts almost like a settlement from "Fallout 4," except, it is your very own. The C.A.M.P. is fully customizable, with some of the content and structures gated behind specific prerequisites. Not much of this is incredibly "new" to a "Fallout 4" player.

The game has so much lore hidden between the lines. There are countless terminals to hack to learn the story about a specific place, or written letters to find and read. Most of the clues found point to certain events, or context to the world in which the "Survivor" is now living in. It is up to the player to read the lore and put the pieces together to find out what is going on in the world of "Fallout 76," just

like it was in "Fallout 4" but with less of the story being spoon-fed to the player using NPC's (Non-Player Characters).

In fact, there are not

is staggering. If there are more than four "entities" nearby, such as players, NPCs, or enemies, the frame rate slows to

game (on the PS4, at least) players can get stuck or hung up on physical, unmoving objects. Additionally, the menus are unbelievably laggy when used in the heat

There are parts of the map that are unused for future expansions, which is something to look forward to. The game needs many improvements, especially towards the

optimization and frame rates.

Other than frequently encountered, (almost) gamebreaking bugs, the game is a solid hit. Bethesda continues to deliver the RPG that their fanbase says they never deliver. The potential that I see for "Fallout 76"



any human NPC's, only robots in "Fallout 76." The only other humans I have encountered are other players. The fact that this is an online game is what makes it so brilliant. I have always wanted to be in a group of survivors rather than a lone survivor. But sometimes playing in a group hinders the player in ways that were unexpected.

The game is absolutely broken. The number of bugs and glitches in the

stupidly low numbers. This makes much of the combat choppy. It is honestly not as fun as it should be to take on a horde of the new enemy, "The Scorched," as one might think, because the player is constantly experiencing massive frame drops. God forbid a player decides to use an automatic weapon. Using one does all but crash the game.

There are also many "clipping" issues when of combat, which is something that a player has to frequently do. Opening the pipboy is a death sentence, and the quick radial menu is sometimes unresponsive to inputs. So switching weapons or frantically searching for meds usually gets the player killed, instead of giving them the upper hand.

"Fallout 76" has a ton of content. The map is huge, and more content is being planned already.

is that it will be a long-standing online RPG that many players will never want to put down. I'll have to give this game two scores. Pre-bug fixes, I give "Fallout 76" a 4/10. Wake up, Bethesda! Why would you sell such a broken game? Post-bug fixes, I give "Fallout 76"

a 9/10.

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Entertainment

December 3, 2018

Romance author shares passion for writing at book signing

by MAKAYLA **KNEISLEY**

News Editor

Jodi Thomas always dreamed of becoming a New York Times bestselling author.

Thomas came to South Plains College's Library In Levelland on Nov. 12 and opened her speech with the question, "How many of you are interested in becoming writers?" After a show of hands, Thomas said "I never quit writing, because I didn't

want God to say, 'if you would have written one more book, you would have hit big."

S h e told the audience that she estimates that she has about 20 million books in print. She explained that two things made it easy for her to be a writer.

"One is I have a very loose grip on reality," s a i d Thomas, adding that she has daydreamed ever since she was a

saying that it was a neardeath experience. Before Thomas began telling about her journey, she said, "I am a story teller; I am not trying to write a great American novel."

Thomas then described her childhood, saying, "I am the daughter of a father who was a bus driver and a mother who checked groceries," Thomas said.

She went on to explain that both of her parents read all of the time. However, her first challenge she had to

grade, you don't catch up immediately," Thomas said. She explained that she caught up by her junior year in high school.

"I do not look at dyslexia as a handicap," Thomas said. "I look at it as a blessing. For four years, I sat in a classroom and couldn't read. I made up stories about everybody, and my imagination might have not grown as great if I hadn't had that disability."

She paused before adding, "When hard times hit, there's

У

always a blessing." В the time Thomas was а junior in high school, her dad was blind and could not work. She explained that she and her siblings had to go get jobs because her mother could not make a living sacking groceries. "I had

very little interest in school," Thomas said. "I graduated



In that class, there was a boy named Thomas Koumalats.

"I remember thinking, if lightning didn't strike that guy, I was going to marry him," Thomas said. She found out that he was going to college, so she decided to take the money she had saved for

a Camaro and go to college too. " T h e

only place that would let me w a s i n Amarillo College," she said. "We'd sit in the library and hold hands under the table."

> Two years later, they knowing what to major in, her mother suggested she major in home economics, so she did. Two years later, during their senior year, Thomas Koumalats

was harder than teaching home economics. So, she went back to teaching at a high school and at Amarillo College.

Thomas and her husband bought a house and had a couple of kids. However, her dream of being a writer was still there.

it was like I had been an alien all my life and I had found my home planet," Thomas said.

Plainsman Press

The last day she was there, she got a 10-minute interview with a New York editor. Thomas told the editor that her book was about the Civil War, and before she could finish, the editor interrupted and said that they were not buying Civil War. So, Thomas started telling about another book she had written about early Texas during the bloody years.

The editor then asked, 'how soon can you ship it to me?' "I said, I'll mail it before I go to sleep," Thomas said.

She did not hear back from the editor all summer. Finally, while preparing for a lecture, she got a call from the editor who told her that they wanted to buy her book.

were still dating and both Saturday mornings, though. Her legal name, decided to go to Texas a few hours at school, Jodi Koumalats, would Tech University. Not and it became slowly a not fit on the book cover. passion," she explained. "The stories were coming faster than I could write them. I will never live long enough to write all the books I want to write."

"I began to write, There was a problem, Needing a pen name, she decided to take her husband's first name as her last, Jodi Thomas. Thomas's career kicked off after her first book. She sold five books within the first 15 months. Her third book became a national best seller, which meant Thomas had to write full time. With her husband helping out with dishes and putting the kids to bed, Thomas was able to have more time to write at night.



Jodi Thomas shares stories about her journey. MAKAYLA KNEISLEY/PLAINSMAN PRESS

thing that made it easy for me to become a writer is I come from a long line of liars."

She told a short story

not read until the fourth grade. One of her teachers had spotted her learning disability and sent her to a special summer school in

from high little girl. "The second overcome was that she did school in the bottom fourth of my class."

One of her goals was to buy a Camaro, so she saved as much money as she could for

about her uncle who will have a fender bender and by the time he has told the story 10 times, he is Amarillo, which is where she is from.

"Now, when you learn to read after the fourth

one. However, during her senior year of high school, she had to take a remedial English class.

was drafted to the Vietnam War. Wanting to live together before he went off to war, they got married after they had graduated.

"As soon as he got out of the Army, we went back to school to get our masters," Thomas said.

By the time she went back to college, she knew that she did not want to work in home economics. So, she decided to be a family counselor. After 18 months, she got her degree in marriage and family counseling. Because of a man who welcomed her into his practice, she did not

have to set one up. After six months, she decided that family counseling

She advised that the best thing to do if you want to become a writer is to take master classes, adding that "James Patterson has an excellent one."

Thomas entered several writing contests and took several writing classes. However, she got her big start when she attended a convention. Her husband heard about the national Romance Writers of America Convention that was being held in Dallas.

"We did not have the money for me to go to Dallas and spend the weekend," Thomas said. Her husband told her, 'we will put it on the credit card.""

"When I checked in, they had given me a name tag that said writer, and

Thomas has published 50 books and is working on book 51.

"They're going to have to pull the pen from my hand to get it in the casket," Thomas said, explaining that she will never stop writing.

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Entertainment

December 3, 2018

Plainsman Press

'The Hate U Give' depicts civil unrest following police brutality

by KAITLYN HYDE Photo Editor

Imagine being a 16-year-old girl who takes on systematic racism and manages the balancing act of gaining her selfconfidence.

That is the premise of the movie "The Hate U

created by Tupac Shakur, a rapper who had "THUG LIFE" tattooed across his torso. This phrase was an (admittedly profane) acronym which stood for a vicious cycle of societal violence, "The Hate U Give Infants 'Effs Everybody." Tupac's philosophy suggests that this way

the authenticity and out- lives with her parents come of the movie.

The film opens with a powerful scene of Starr Carter (Amandla Stenberg) recalling the time when her father, Maverick Carter (Russell Hornsby), gives "the talk" to her younger self and two brothers. A heartbreaking conver-



Give," which is based off a debut novel by Angie Thomas published following the 2009 police shooting of an unarmed, 22-year-old Black male, Oscar Grant. She captures a range of concerns and events throughout the novel that have animated the Black Lives Matter movement, as well as broader conversations about race: police shootings of young, unarmed black men; an asymmetrical justice system; gang violence; and much more which is also portrayed throughout the movie. 'The Hate U Give' also adopts its title and central philosophy from a concept

of life encourages those caught up in the system of violence, drugs, and oppression should stop transferring their hatred to children and teach them to break out of that destructive cycle.

The film was directed by George Tillman Jr., who was faced with multiple obstacles while creating the film. While trying to refrain from strong language and showing too much violence, he wanted to create a film to catch the attention of a younger audience. Although he faced one dilemma after the next, there was not a dull moment throughout the film. I truly enjoyed Starr is another girl. She

to exemplify for his family and hoped that the conversation instills a sense of pride in his children.

As she gets older, Starr begins to switch between living in two separate worlds. By day, she is surrounded by rich, mostly white prep high school teens at Williamson High School, including her friends Hailey (Sabrina Carpenter), Maya (Megan Lawless) and her white boyfriend, Chris (KJ Apa). This Prep-school version of Starr Carter avoids using slang to avoid bringing attention to herself as

and two brothers in a poor, mostly Black neighborhood called Garden Heights in Atlanta.

She tries her best to balance these two worlds, but ultimately shatters when she witnesses the fatal shooting of her childhood best friend, Khalil Harris (Algee Smith) at the hands of a police officer.

In all honesty, the scene of the shooting was rather difficult to watch. The officer on the scene was inexplicably aggressive and demanding while performing a routine traffic stop, and Khalil's defiance did not help the situation. Despite Starr's pleas for Khalil to cooperate, when asked to step out of the car, Khalil reaches back in the front seat to grab his hairbrush. The officer panics and mistakes the object for a gun, and ends Khalil's life.

What truly makes "The Hate U Give" work is the performance of Stenberg, who carries much of the film's drama and levity on her shoulders. I also

found Starr's 'code switching' at the beginning of the film to be rather intriguing, as

she tries to keep her two worlds separate while battling with her insecurities throughout the movie.

The film's driving plot begins with Khalil's death and Starr begins to struggle with self-doubt. Throughout the movie, she has bouts with lack of confidence and becomes more outspoken. I think the aftermath of the incident is what pushes Starr to find her voice as an activist.

A few scenes later, it shows issues of racial tension as the students at Williamson run down the halls shouting, "Black Lives Matter!" as an excuse to cut class rather than understanding the deeper importance the controversy

that is building up.

I would think that

for Starr, it had meant something completely different. Starr and her friends struggle with racism,

though Starr recognizes it and tries her best to move past it. But there were a few moments in the film when she is willing to confront her peers regarding the issues.

After Khalil's murder, there is civil unrest. Crowds of protesters turn violent, smashing windows, burning vehicles, and damaging buildings. At such a young age, it is hard to fully understand how any teenager would handle being in these tough situations.

Starr's Uncle Carter, who is a police officer, also tries to explain why tensions might be high when a cop pulls someone over in rough-edged area of town. But even his explanations fall short of trying to justify the police brutality seen in the movie.

"The Hate U Give" is a stunningly powerful film about the impact of police violence and racism on the Black youth of America. The brutality and the truth in the movie's harsher moments may be difficult for some viewers, especially those who share many of the experiences of Starr or her family members. Although, the honesty of the film assures the movie is not too exploitative for young viewers. It was heartwarming to see the young character, Starr Carter, find her voice and stand up for what is right. I give "The Hate U

Give" a 10 out of 10.

think Tupac's mindset is what Maverick tried

Ι

"ghetto."

When not at school,



IV/ IV

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The Crimes of Grindelwald' captivates audiences with nostalgic theme

by MAKAYLA **KNEISLEY** News Editor

The newest sequel to "Fantastic Beasts" is filled with action and events that help widen the imagination of what the wizarding world is like.

"Fantastic Beasts: The Crimes of Grindelwald" is based on the book "Fantastic Beasts and Where to Find Them," which is a companion book to the "Harry Potter" series by author J.K. Rawling.

This movie takes place several years before "Harry Potter," showing Albus Dumbledore, played

by Jude Law, as a young man. Besides Dumbledore, no other characters from "Harry Potter" are in this film.

The movie, which was released on Nov. 13, starts out with Grindelwald, played by Johnny Depp, in a wizard prison. While the prison guards are moving him elsewhere, he starts a fight and escapes. In an effort

to stop Grin-

delwald from completing to help his friend, Newt his plan. Dumbledore asks

his former student, Newt Scamander, played by Eddie Redmayne, for help. Being unaware of the dangers which lie ahead,

Newt agrees. While helping Dumbledore, Newt tries to find a place where he feels he belongs. He does not pick a side right away, runs his actions and judgements off his ethical beliefs, and helps a lot of magical creatures. Eventually his friend, Jacob Kowalski, played by Dan Fogler, asks Newt to help him find his girlfriend, Queenie Goldstein, who is played by Alison Sudol.

In an adventurous quest



of Grindelwald" is exceptionally good. However, comes across Tina Gold-

stein, the woman he likes. there is a lot of action with He was almost always Tina, played by Katherine little explanation of what

looking down, hiding his

FANTASTIC

Waterston, joins Newt and Jacob in trying to find Queenie.

While taking shelter in a safe house, Jacob looks into a glass ball and sees Queenie in a grave yard. Rushing out the door, Jacob goes to find his love, while Tina and Newt are trying to find a letter. All end up in the grave yard. They seat. walk into a trap set up by Grindelwald. Having to

fight once more,

the three are able

to escape. Seeing what Grindelwald

can do, Newt fi-

nally picks a side.

"The Crimes

was obviously different from the typical "Harry Potter" theme. With that being said, the movie, as a whole, is good. It brings in a lot of new, cute, and fun magical creatures from around the world, which at times, seemed to be harmful until Newt calms them.

Although the storyline is a little confusing and leaves you with questions, it is intriguing and keeps you on the edge of your

I also did not like how Newt held himself back.

is going on. The movie face. He was shy and lacked words when it came to conversing with other humans. He could not make up his mind about what to do in certain situations and seemed to be unsure of himself. At the end, he does seem to become a little more confident after he finally picks which side to be on. However, I felt that he was too introverted.

> I thought the movie title was misleading. The title made me think that the movie was going to be about the crimes Grindle-



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wald had already committed. That is not the case, since the movie was about gaining followers to build an army. Something else I

noticed was Professor Dumbledore in a suit. In the "Harry Potter" movies, Dumbledore wears old fashioned wizard robes. Why would Dumbledore go from a modern, sharp, suit to wearing vintage wizard robes? More than likely, this part of the movie was just poorly thought out by the director. But being

a big "Harry Potter" fan, I, and I am sure others, noticed this and questioned what happened there.

Even though this movie had a lot of action and showed different events the magical world of Witches and Wizards has outside of Hogwarts, I

7/10

Opinion

December 3, 2018

Anti-vaxxer movement causing rise in preventable diseases



By KENDALL RAINER Associate Editor/ Sports Editor

r e h e emergence of preventable diseases in the United States has led to some deadly and horrific illnesses to wreak havoc on the country once again.

While most of these diseases have largely been eradicated, in recent years some have started to make a come-back at alarming rates. Some of these diseases include measles, whooping cough and polio, which are all preventable with vaccinations.



accounts.

which is false on both Vaccines are created to provide immunity to a specific disease or virus. They do this with antigens, which are small amounts of a weak or

Vac dead germs to help the immune system

learn how to fight off an infection. Vaccines also contain adjuvants, which help the immune system respond stronger.



According to Vaccines. gov, ingredients of vaccines include: preservatives, which are only used in multidose vials to protect the contents from outside germs and bacteria; and stabilizers such as sugar and gelatin, which help the ingredients continue to work while they are made, stored and moved. Therefore, there are no "harmful chemicals" in vaccines.

The notion of a vaccine

causing autism in children is absurd. A simple Google search can put the fears of that

to rest. According t o t h e

National Center for Health Research, there is evidence of a possible genetic link, along with some other risk factors that include premature birth and the father of the child being significantly older than the mother.

Autism is a genetic disorder that can be diagnosed once a child is capable of some sort of cognitive interactions, usually around age 1 when some signs can be seen.

Vaccines such as Rotavirus, Diphtheria, Tetanus and Polio are given between the age of 1 and 2 months. Others such as Measles, Mumps,



Rubella and Chicken Pox are not given until age 1, which, coincidentally, is when some signs of autism can be seen.

So what proof do the Anti-Vaxxers have that link autism to vaccines? They have no proof,

vaccines before entering kindergarten.

Not vaccinating a child doesn't just put that child at risk. It puts hundreds of others at risk as well. Vaccines for measles can't be given to an infant until 1 year of age. If community. The more people are vaccinated, the more resistance to the spread of a disease there is.

Plainsman Press

There is no reason to not have a child vaccinated. It protects that child from some very



other than the fact that no definite cause of autism has been found.

Anti-Vaxxers also believe that it is their First Amendment right to not vaccinate their child, which is technically true. However, there are laws

another child has not been vaccinated against measles and comes in contact with other children, they could be exposed to the disease, which could be deadly.

Not vaccinating a child can also decrease something known as "herd

dangerous and, frankly, scary illnesses. It not only prevents and protects for a single child, but an entire community or society of children.

and legislation that require immunity," which is the krainer1618@students. children to have certain general immunity of a southplainscollege.edu

Tuesdays are served

Baptist Student Ministry, Wesley Foundation offer lunches for SPC



By DEBRA **MONTANDON** Staff Writer

South Plains College has so many best kept secrets. They are the things that make it stand out as a really special campus.

One that stands out for me is 50-cent lunches. These lunches are provided Mondays and Thursdays at 203 Magnolia Street in Levelland, and at 201 Magnolia Street on Tuesdays. Even though the meals are only 50 cents, they far exceed that with flavor.

There is variety in the meals, as some days it may be brisket, sloppy joes, baked potatoes, casserole, taco soup, bean soup, pizza and many more. It's definitely worth well more than the cost they charge.

Matt Berry is the director of the Baptist student ministry, which has been around for 59 years. They started serving lunches about 40 years ago, but it has always cost 50 cents. They serve lunch from 11:30 a.m. until 1 p.m.

days. The BSM started offering the lunch, provided for

the students and staff at SPC, to meet a couple

was to reach out to students who are in

0

of needs. One

need anything they c a n help with spiritually. They also fill the stomach of hungry students, because lots of students are leaders who also help.

on Mondays and Thurs- skipping meals due to not having the funds needed to buy groceries to eat.

teers,

includ-

ing 12 student

They have two fulltime staff members and the rest are volun-

Food is donated by churches in the area, with paper goods provided by BSM.

The area churches that help with this ministry are: Second Baptist Church in Levelland: First Baptist Church in Whiteface; First Baptist Church in Meadow; Fifth Baptist Church in Levelland; First Baptist Church women in Levelland; First Baptist Church in Brownfield; Ridgecrest Baptist Church; Calvary Church; First Baptist Church in Ropesville; First Assembly of God in Level-



land; First Baptist Churchmen in Levelland; First

by the Wesley Foundation at 201 Magnolia Street. The Wesley Foundation is a stu-Lunch sus to the SPC

Baptist Church in Sudan; Baptist Church in Wellman; Baptist Church in Smyer; Bledsoe/ New Trinity; First Baptist Church in Plains; First Baptist Church in Littlefield; First Baptist Church in Morton; College Avenue Baptist Church; Park Avenue Drive Baptist Church; First Baptist Church in Whitharral; Fairview Baptist Church; and First Baptist Church in Whiteface.

They feed approximately 150 people on any given day. Whether you are going to fill your stomach, or you are going to meet other needs, you will always be greeted with a smile from everyone you meet.

dent ministry of the First United Methodist Church designed to spread the love of Jecampus. They do various activities which t r y to involve

the stu-

dents and, in turn, deepen their relationship with the Father. The Director of the Wesley Foundation is Chelsey Jones, who has served as the director for four years. They have provided meals for 40 years to the staff and students as well.

So, if you have not found this "Best kept secret," which no one is trying to keep a secret, they would like everyone to know where and what they are doing. Just remember to say thank you for everything they are providing.

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December 3, 2018

Freshman editor finds family among staff



by **GENEVA NATAL** Feature Editor

After my first day in the Newsroom, I wondered, "What in the world had I just done?

It was weird and uncomfortable for the first few classes because the editor-in-chief was teaching some things.

Everyone was new, so

and keep up with my work during the semester. But in the Newsroom, I did both

Being a freshman, I had no clue what to do or how to handle college life. The Newsroom became a constant I didn't realize I needed. I became an editor for the Feature section, as well as Charlie's student assistant, and moved to Levelland during my second week of school. I realized to be involved more in this class, I needed to let go of my old life. I couldn't balance going to my hometown every day while taking six classes and doing what I wanted. To better myself, I had

little time to make friends your personal problems and pretending that the people in Room 130 are the only ones who matter. Working together on Paper Nights felt like that if we wanted to talk about our messed up life, we did, and if we didn't we just worked together to finish and go to bed.

> Paper Nights were the best and worst of the newspaper. It was great sometimes. We would make jokes, people would be put in a jar, and no one ever had cash for drinks. There was laughing, crying, sleeping, and yelling sometimes that were both good and bad. I think all the emotion was positive. It meant that we cared,

friends, it's hard to find someone

who knows

and under-

stands you

in such a

short time.

We became

a family not

because we

love each

other; we

became a

real fam-

ily because

we couldn't

chose any-

one else

and we had

to deal with

these weird

In the News-

people.

new on campus, with no their level, like ever. Ken- I know none of us have dall is blunt, especially regrets.

Opinion

Plainsman Press



room, we don't always understand why Reece, the entertainment

editor, is so chill yet so edgy with endless comments. It's ok because he listens to all of our crazy stories and brings his dog, who we love more than him anyways;

We don't understand Makayla, the news editor, at all, or her love of chickens. There was never one Paper Night when she him. Be warned that he will take over the headline that you are working on. Autumn tends to be more polite than Kendall, and together they balance each other out. But advice for future students, bring headphones to class.

Kait, the photo editor, is probably the most normal. She'll be nice to you. Just don't mention her

Paper Nights always mean family dinner, and family dinner means free food. So I highly suggest becoming an editor. Dinner meant sharing, and it's where we got comfortable talking to each other about our lives. A tip for future students, just keep your hand on your face at all times. It makes it quicker to get to your nose. I'll miss the vape breaks. It



when you talk or look at

wasn't

taking oictures



thankfully I wasn't alone. But I do recall that there was a large population of gingers that seemed threatening.

It's hard to believe that so much is changing so fast. I will graduate in Spring of 2019 because of the number of dual credit classes I took in high school. I will not be on the Plainsman Press staff. and I will see little of the friends I have made in this class. Graduating in one year put me on a fast track, one that I am thankful for but sad to walk on. I have

Newsroom gave me a reason to do that.

When I left home officially, I became more involved and dedicated to the Newsroom that I don't regret. It taught me many different things that I know will help me in any path I choose to take within the next few years. I learned many positive

things and had such happy moments with my classmates that really helped me handle my personal problems. There's something about forgetting

to learn to let go, and the even on a small level, about each other from the beginning. If there was no emotion, it would've been a bleak and gray situation where no one cared about how the paper turned out, or how everyone was feeling. We all knew how everyone felt because we had already felt it by the last night. Everyone of us has felt the frustration, anger, hate, happiness, contentment, and the feeling that it'll be worth it.

> That's what I will miss the most about the Newsroom. When you're

u s in our "natural state," but her weird

logic was hilarious. Debra, a staff writer, came in and made her place in our little club. She feeds us, and for that we all love her.

Chocolate



and coffee is the way to all of our hearts, except maybe Kendall. I will never

does have a large amount of sticky notes in the jar, but you will definitely have a laugh when she's around. Charlie, well, you underknow him when you meet stand the him, no matter where or redhead what he's doing. He is just as weird as the rest power that is of us, and he makes an Autumn, effort to bring us together, editorbe understanding, and in-chief, subtly show that he's beta n d ter at writing headlines Kendall, than anyone. In return, the aswe love him, deal with his sociate/ side comments, and tell sports him we are almost done editor. when we barely start on Their our stories. I gave him a writer and editor, but ability he gave me this family, to pick at your a major, knowledge, and rough guidance which led me to draft being where I am today.

dead fish, either half. She

layout is Out of everyone's beyond weird quirks, we do un-G o d derstand that we are stuck like and together until at least the makes end of the semester, and you re-I like to think we have a alize soft spot, even when we hate each other. We don't you're just not choose our families, and going neither did any of us when we joined this class. But to reach

meant that the three amigos were leaving, so Reece, Makayla, and I could rant. Lastly, when Paper Night is over and everyone can leave, it brings a sense of accomplishment and urgency to get home and sleep.

I know my time is over here. I hope the next person who fills my seat understands how important this class really is and how it changes you. I learned how to deal with people when I am frustrated, the many, many hours it takes to make a paper, and how fast I can type more than 600 words. There are so many things that I can't fit into one article. But I do want to share a lifesaving tip to surviving and saving money. No matter how many opportunities you have to say something inappropriate, restrain yourself. Text your friend, and if you laugh, make sure you're looking at your phone so you can say it was a cat video.

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o f homeschool

Plainsman Press December 3, 2018 New games, updates not worth money



Jpinion

by **REECE TURNER** Entertainment Editor

The current state of the gaming industry is abominable.

The status quo for almost every major and even indie (independent) game developers is to sell half of the game up front for full price, with the options of spending more money up front for "downloadable content."

This is a big issue, considering the games consumers used to buy, versus what they are buying now. In the 1980s and 1990s,

video games were held to a standard. The technol-

ogy to create and play was evolving quickly, and developers took pride in their games. Classic titles from Nintendo such as "Super Mario World" did not need downloadable content. The premise was simple, the quality was great, and the game did not glitch or bug very frequently. I am not denying there are not any bugs in "Super Mario World," but the issues were not nearly as huge as they are now.

The technology used to make

browser Flash games. The issue now is it has almost become TOO easy to make some of these games.

Games run on an "Engine." Some developers, such as "Unreal," will lease their own engine to independent developers for a price. This is fine. The issue is that leased game engines sometimes have "Pre-made content," such as a building structure, grass and rock structures, or gravity and collision mechanics. The issue with this is

that people are mak-

i n g entire games of prem a d e content, a d d ing one small twist or quirk to the game, and then selling them for full, Triple-A game

Then there are the big, bad Triple-A developers/publishers, such as Treyarch and Bethesda. Bethesda, with their latest release of "Fallout 76," released a completely bro-

prices.



ken game. I spent \$60 on that hot garbage. How is a multi-million dollar company going to copy and paste their way into

to six months for a new map that is STILL just a revamped version of an old map.

Studio Wildcard re-

Why do consumers let game developers and publishers treat them like this? Are they so jaded by old titles that they are ready



games now is bigger and

badder than ever. Games

are being cranked out

and released almost daily,

between phone apps, inde-

pendent games, Triple-A

games, and even internet

making ends meet and still expect their fans to be happy about it?

Treyarch released "Call of Duty: Black Ops 4" this year, and some of the only maps available are from the older games. New patches and quarterof-the-year waits be damned, if I pay for a new game, I expect a new game. I should

leased "ARK" years ago. I purchased the BETA version of it. It was a great game, even in the BETA state. The issue I had was that Studio Wildcard started selling expansion content before the game was ever fully "released." Not only did people pay \$40 to \$60 for a game that is not released yet, they were expected to pay MORE money to exnot have to wait four pand an unfinished game.

to say, "Well, the game is good enough." Some might say video games are a waste of money. I'll write another 600 words on that another time. But for somebody who is already wasting their mon-



ey, shouldn't they at least get their wasted money's worth?

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Men struggle with emotions because of societal expectations



by KAITLYN HYDE Photo Editor

Understanding the male psyche and behavior is something women have spent centuries trying to decipher.

It can be difficult to know why men don't always express how they are feeling. But I know it can be even harder to help them change, and

I'm sure men can say the same about women.

I have had many men in my life who always bottled up their emotions, and I have seen the mental toll it can have if they don't find a way to let it out. I learned that it can be helpful to pinpoint why they may not want to show any emotions. But even then, it may not help them open up.

I have also known women who would often complain because they know men don't show their true emotions. When he finally does open up, it's sort of a rude awakening. Just like women, men's emotions can be just as strong and confusing.

Over time, people develop the notion that men simply don't have feelings at all. The problem is that some women want men to be able to express their emotions. The truth is that men may have a hard time processing their emotions to begin with.

It has been proven scientifically that men tend to use the left side of the brain, where reasoning is, while women tend to use the right side of the brain, which is mostly attributed to emotion. So, to me, it's obvious that men and women differ with regard to how emotions are expressed, or not. But I think the biggest difference is how we react to them.





At a young age, boys equate emotions with weakness. They are taught that they need to be strong and confident at all times. This is what societal expectations have "taught" men, which is not to display any emotions. This is becoming a huge problem. Men are suppressing their feelings because they don't have socially acceptable emotional outlets. I think that, mentally, this is doing more damage to our society than most of us realize.

Men are more resistant than women when it comes to expressing emotions and getting the mental help they may need. Because of this, suicide rates have been rising for middle aged men because they feel vulnerable and experience large amounts of stress or other strong emotions that are suppressed.

Society has created a "masculine ideal" that prevents them from being their true selves. There may be other reasons as to why men don't feel comfortable sharing their emotions. It could be the fear of judgment, trying to maintain confidence, or because they don't realize the importance of expressing emotions.

In today's society,

there are high expectations for men and how masculinity is defined. They are expected to have a job that makes enough money to support a family, to be physically fit, both mentally and physically tough. Even how men are supposed to behave is controlled by society's standards.

For me, a man should be defined by the qualities he holds and by the lessons he has learned throughout his life. A man should be believed in, loved, listened to and supported emotionally by those around him.

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Sports

December 3, 2018

Plainsman Press

Men's basketball team starts path toward NJCAA Championship

by **KENDALL** RAINER Associate Editor/ Sports Editor

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The South Plains College men's basketball team continues to improve their record as they work toward a second consecto learn their offense. In and 100-percent shooting the second half, we started to focus a little more on what we were trying to do."

Sophomore Chris Orlina led the Texas in scoring with 18 points, going 7-for-8 from the field, to go along with six refrom the three-point line.

The Texans notched their eighth consecutive victory of the season by downing Cowley County Community College 97-68 on Nov. 24 at the Collin County Thanksgiving Classic in Dallas.

Prim led the scoring for SPC with 22 points, while Antonio added 20 points. Orlina put up 17 points, and Trey Wade added 12. Barett grabbed 10 points, including three three-pointers. Sophomore Jamar Ergas and Jennings added four points each, while Wilson tallied three.

SPC clenched a 67-59 victory against Seminole State on Nov. 23 at the Collin County Thanksgiving Classic in Dallas.

After being down by four points at the half, the Texans rallied to push past Seminole and post a double-digit victory.

Trey Wade scored a career-high 20 points, while Prim added 19 points. Orlina chipped in 14 points, and Jennings put up 12.



Bend College on Nov. 17 and five rebounds, while Prim hit six of his 10 shots Christian Wilson put up



Chris Orlina puts up a layup after a steal against Midland College on Nov. 28 at the Texan Dome ALL PHOTOS BY KAITLYN HYDE/PLAINSMAN PRESS

points at the end of the SPC improved to



SPC shot 42 percent from the floor and 42 percent from the three-point line, forcing 16 turnovers resulting in 18 points.

The Texans improved to 4-0 after stomping Dodge City Community College 108-96 victory on Nov. 10 in Liberal, Kansas.

from the field and blocked five shots.

Antonio grabbed 17 points, hitting seven of 10 attempts from the field, and was 3-for-5 from the 3-point line. Joseph added 11 points and hit four of his seven attempts, while Wilson grabbed eight points and Trey Wade grabbed seven.

The Texans shot 54 percent from the floor and outrebounded DCCC 52-30. They scored 20 points on 15 forced turnovers.

SPC slipped past Seward County Community College with a 79-76 victory on Nov. 9 in Liberal, Kansas.

Prim blocked a shot at the rim in the last second of the game, sealing the 79-76 victory.

Prim finished 11-of-14 from the field and six-of-eight from the free throw line, and was 3-for-3 from the 3-point line. Sophomore Charles Jennings added 16 points and three assists, hitting six of his 14 shots in 13

minutes on the court. Trey Wade finished with 10 points and four rebounds, while Antonio chipped in nine points. Trevin Wade added six points, two assists and two steals.

The Texans shot 46.4 percent from the floor and 35.7 percent from the 3-point line.



utive NJCAA National Championship.

The Texans dismantled Midland College with a 78-58 victory to open Western Junior College Athletic Conference play on Nov. 28 at Texan Dome.

Opening the second

bounds and three steals. "Chris Orlina was

involved in the three plays in the first half that separated us," said Coach Green. "He got two steals for layups and a full-court pass for another one. That's six of the five-point lead

half with a 29-24 lead, the Texans took a double-digit lead with a jumper from sophomore Deon Barett to give SPC a 41-31 lead with 14:31 to go in regulation play.

The Texans continued their success, leading Midland by as much as 26 points, in the back half of the contest.

"It was a tale of two halves," said Steve Green, head men's basketball coach at SPC following the Midland victory. "We spent the first half trying

we had."

Sophomore Trey Wade put up 16 points on 50 percent shooting from the floor, while sophomore Gaige Prim added 12 points, hitting five of his 10 shots from the field.

Sophomore Jonah Antonio scored nine points, while Barett added seven points on 2-of-5 shooting. Redshirt freshman Christian Wilson added six points on perfect 2-for-2 shooting from the floor

6-0 following a 101-74 victory against Coastal



first half, SPC went on to lead by 27 at the end of regulation play.

Prim finished with 27 points and 13 rebounds, while Antonio added 17 points to go along with six rebounds. Sophomore Dajour Joseph tossed in 13 points on 5-of-8 shooting from the field, including 2-for-5 from the threepoint line.

SPC shot 52.1 percent from the field, 38.7 percent from the three-point line, and 92.9 percent from the free-throw line.

SPC improved to 5-0 with an 84-55 victory against North Lake College on Nov. 16 in Levelland.

Prim scored 19 points and grabbed seven rebounds, hitting six of his nine shots from the floor. Orlina added 14 points, five assists and four steals. He hit six of his nine shots from the field. Antonio recorded 13 points, four rebounds and three steals, hitting five of his 13 attempts.

Joseph scored nine points off of the bench, going 3-for-3 from the three-point line. Trey Wade added nine points

Barett led the scoring for the Texans with 20 points, hitting seven of his nine shots from the field. Barett was 4-for-5 from the 3-point line in his 19 minutes of play. Prim recorded a double-double, grabbing 17 points to go along with 13 rebounds.

SPC returned to action Dec. 1 against Frank Phillips College in Borger. Results were not available at press time.

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Jemaiyo captures NJCAA Half Marathon National Championship

by **KENDALL** RAINER Associate Editor/

Sports Editor

The South Plains College men's and women's Cross Country teams finished off the 2018 season by placing third in the team standings at the NJCAA Half Marathon National Championship.

The championship was held on Nov.17 at the Orange Beach Sports Complex in Gulf Shores, Alabama.

For the Lady Texans, freshman Gladys Jemaiyo placed first out of the 40 athletes competing in the event. Jemaiyo crossed the line with a time of 1:24:16. Freshman Dorcus Ewoi crossed the finish line at 1:27:19, good enough for ninth place.

"It felt great to watch Gladys go out and beat someone she had been chasing throughout the cross country season," said Erik Vance, head track and field coach at SPC. "She said she was going to beat her at the

Half Marathon, and she did."

Freshman Nyia Sena placed 16th with a time of 1:33:23, while the All-American freshman, Angela Rodriguez, finished in 23rd with a time of 1:38:42.

El Paso Community College took the top spot in the women's division with 13 points, followed by Iowa Central with 14 points and SPC with 26 points.

For the Texans, sophomore Filmon Beyene placed fourth with a time of 1:09:43. He earned an All-American honors with his finish. Sophomore Andrew Bosquez finished in 11th with a time of 1:12:49, while sophomore Jesse Madrid finished 13th with a time of 1:13:28.

EPCC placed first in the men's division with nine points, Iowa Central took second with 15 points and SPC grabbed third with 28 points.

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Sports

December 3, 2018

Women's basketball team building confidence early with strong start

by **KENDALL** RAINER Associate Editor/ Sports Editor

After a disappointing season a year ago, the South Plains College women's basketball team is starting to turn things around with a national ranking and an impressive start.

The 14th-ranked Lady Texans broke three program records already this season. The first was a 136-39 victory over Palo Alto College on Nov. 16 in Beeville, which broke the previous record of 122 points against Phoenix College in 1990. The 97-point margin of victory also against Palo Alto surpassed the 81-point margin of victory against Sul Ross State University JV in 1978. The

Lady Texans then went out and broke their own record the following day (Nov. 17) with a 145-36 victory against San Antonio College.

"Our team likes to win, they like to compete," said Cayla Petree, head women's basketball coach at SPC. "When we broke it the first day, they didn't go into it trying to break it. Then when we came back the next day and busted it again, they were trying to do that, and there was no motivation from me. That was just them with that with four re-'dog mentality."" SPC opened up Westtwo assists. ern Junior College Ath-Germond letic Conference play on added 13 Nov. 28 with a 67-62 points on victory against Midland five-of-15 College at Texan Dome, shooting, improving to 11-1 overall. Sophomore Keke dumped in seven points Hunter recorded her eighth double double of the year, putting up 15 points and grabbing 12 rebounds. rebounds on five-of-seven Sophomore shooting from the floor. Chantel Go-Thanks to a jump shot van netted by freshman Caroline six points in Germond, the Lady Tex-28 minutes ans led Midland by 10 of play. (54-44) with 7:59 to go in the fourth quarter. Mid-Texans shot 35.8 percent land would narrow the from the floor, 24.1 pergap during the next 7:48, cent from the three-point thanks to an 18-9 run, line and 66.7 percent from bringing the Lady Chaps the free-throw line. to within one point (63-62) with only 11 seconds dominant mentality with to go. eight consecutive victo-

knocked down two free throws, extending the lead to 65-62. Germond would add another pair of free throws with 10 seconds left in regulation play after being fouled by Grace Beasley, sealing the victory for the Lady Texans.

"When things aren't going your way you have to make your own luck,"



said Coach Petree. "You have to get the 50/50 balls, you have to get the rebounds vou're not supposed to get. I think they did a good job with that. They didn't lose their poise. They didn't lose

their composure and just found a way to win."

Sarah Shematsi led the scoring for SPC with 18 points, to go along

The Lady

SPC has displayed a

ries in the first month of

The Lady Texans im-

the season.

proved to 10-1 on the year after a dominant 106-23 victory over Lamar College on Nov. 25 in Levelland.

Hunter led the scoring for SPC, hitting seven of her 12 shots from the floor. She was 6-for-6 from the three-point line, totalling 20 points. Shematsi chipped in 12 points, hitting eight of her 13

shots from the field, and pulling in eight rebounds.

Morris added 16 points, hitting six of her 12 shots from the field. She also was 4-for-8 from the three-point line. Green dropped in 15 points to go along with seven rebounds and was 5-for-10 from the field. Germond added 15 points, hitting six of her 13 shots from the field. Oceane Robin scored nine points, while Chantel Govan added eight points.

The Lady Texans shot 51.3 percent from the field and 33.3 percent from the three-point line.

SPC improved to 9-1 on the season following a 90-54 victory against Garden City Community



rebounds and three steals, shooting 5-for-6 from the field.

foul line.

on the season.

rebounds.

Germond and Govan

combined for 32 points,

while Dunn put up 11

points with six rebounds.

for 60.8 percent from the

field and 74.1 percent

from the free-throw line.

The Lady Texans shot

SPC stomped Palo

Alto College with

a record-setting

effort at the Coast-

al Bend College

Classic on Nov. 16

in Beeville, mov-

ing to 6-1 for the

Hunter scored

year.

Hunter tallied 14

and 77.8 percent from the points, respectively. free-throw line.

68.8 percent from the field eight, seven, and six

SPC shot 52.6 percent SPC posted a 96-62 from the floor and 57 per-



victory against Coastal Bend College on Nov. 15 at the Coastal Bend College Classic in Beeville, improving to 5-1 for the season.

Hunter and Germond each scored 26 points, combining for more than half of the Lady Texans' points in the contest.

Robin added 14 points, while Dunn grabbed 10. Shematsi added seven points, Dominguez put up six and Govan chipped in three points for SPC.

SPC shot for 51.4 per-34 points for the cent from the field and

cent from the three-point line, as well as 69.2 percent from the free-throw line

The Lady Texans suffered their first loss of the season against Seward County College, falling 75-70 on Nov. 9 in Liberal, Kansas. SPC moved to 3-1 on the season with the loss.

Hunter scored 20 points in the contest, hitting six of her 15 shots from the field. Green added 18 points on eightof-16 shooting. She also grabbed five rebounds and

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After a foul by Midland's Bethany Theodore, sophomore Gabbie Green

Caroline Germond dribbling toward the basket against Midland College on Nov. 28 at Texan Dome. KENDALL RAINER/PLAINSMAN PRESS

> College on Nov. 24 in Athens.

Shematsi led the scoring for SPC with 27 points, hitting 12 of her 16 shots from the field, to go along with five rebounds. Green put up 18 points on 9-for-9 shooting from the floor.

Germond scored eight points to go along with eight assists and four steals. Nyah Morris added eight points, while freshman Reilly Dunn put up six points and three rebounds. Ruth Koang scored five points to along with three rebounds.

SPC shot 63.8 percent from the field and 26.7 percent from the threepoint line.

The Lady Texans topped Grayson College 87-54 on Nov. 23 at Trinity Valley Community College.

Green led SPC in scoring with 17 points, eight assists and five steals. hitting seven of her 13 attempts from the field. Shematsi added 16 points to go along with eight

Lady Texans to go along with 12 rebounds, two blocks and seven assists. She hit 13 of her 16 attempts from the field and was 8-for-10 from the free-throw line. Green shot 7-for-8 from the floor, for a total of 19 points.

Germond scored 13 points, hitting six of her nine attempts from the field. Morris and freshman Romola Dominguez each added 11 points for SPC.

The Lady Texans shot

31.6 percent from the three-point line. The Lady Texans also shot 87.5 percent from the free-throw line.

The Lady Texans recorded an 80-51 victory against Dodge City on Nov. 10 in Liberal, Kansas, moving to 4-1 on the season.

Shematsi led the scoring for SPC with 21 points on 8-of-15 shooting from the floor to go along with two assists and three steals. Green grabbed 15 points, hitting seven of her 15 shots from the field.

Govan added nine points, while Germond tossed in eight. Robin, Koang and Morris scored

had two steals.

Koang contributed nine points and six rebounds, while Robin was close behind with eight points. Dominguez and Morris combined for eight points.

SPC shot for 41.5 percent from the floor and 40 percent from the threepoint line, with 90.9 percent shooting from the free-throw line.

The Lady Texans returned to action on Dec. 1 against Frank Phillips College in Borger. Results were not available at press time.

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Lady Texans place fifth at NJCAA Cross Country National Championship

by KENDALL RAINER

Associate Editor/ Sports Editor

The South Plains College men's and women's cross country teams placed in the top 10 at the 2018 NJCAA Cross Country National Championships.

The meet was held at Garden City Community College in Garden City, Kansas, on Nov. 10.

The Lady Texans placed fifth with a total of 207 points and an average time of 20:28. Freshman Gladys Jemaiyo placed second in the women's 5-kilometer race, finish-

ing with a time of 18:43. Freshman Dorcus Ewoi finished 16th with a time of 19:45.3, while Angela Rodriguez finished 38th and earned All-American honors for her effort.

Erik Vance, head track and field coach at SPC, said, "I thought the women's team performed great at the Cross Country Championships."

Iowa Central won the women's division with 45 points. El Paso Community College placed second with 70 points, followed by Southern Idaho with 100 points and Cowley County with 138 points.

The Texans finished ninth with 239 points

and an average time of 27:30. Sophomore Filmon Beyene placed sixth with a time of 26:02.2in the men's 8-kilometer race. Sophomore Andrew Bosquez finished 13th with a time of 26:29.5, while sophomore Jesse Madrid finished 38th with a time of 27:27.7.

Alex Kitum finished 146th with a time of 29:38.8 and Ulises Cardoza finished 159th with a time of 29:50.7.

"On the men's side, we had some stellar performances," said Vance.

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Plainsman Press

Goals Galoren New yoga technique incorporates cute distractions

by MAKAYLA **KNEISLEY** News Editor

oat yoga is a new trend that will have you "kiding" around during class.

Goat yoga is like a typical yoga class session, only with miniature or baby (kid) goats. This is called caprine vinyasa, which consists of various asanas (poses) primarily at the beginner level.

The outdoor patio at The Garden in Lubbock recently served as a venue for goat yoga sessions. Rachel Henson, owner of Goat Yoga Houston, brought her miniature goats and crew to Lubbock on Nov. 17. She provided five sessions to give people plenty of opportunity to come join the fun.

Henson said she has been instruct- ing goat yoga classes for almost two and a half years, but it was the first time she has brought a class to Lubbock. The college tour also includes stops Henson said. "It in College Station and Huntsville. Henson explained that it is hard to travel with her goats, but "it's something I enjoy, bringing it to different people who haven't done it before." Henson grew up in the country, hanging out in the pasture with her cow and dog. Later, she got on a rodeo lamb and goat committee and stayed for nine years, helping kids and animals. She said it was not that much of a stretch for her to decide to pick up goat yoga in Texas after she saw it being done in Oregon. "We were the first ones in Texas," she said. The people who came to the classes loved it, and so did the goats. While yoga is supposed to be a

jump, stomp, and cuddle, on the attendees. During

posite. The goats climb, attention by trying to cuddle up next to you on the mat, trying to suckle your

pending on where you are. Goat yoga began in

\$35, but can be higher de- pealing part of it, because that went viral," Morse some people do not get love from humans or ani-

said. But she was not



through a divorce and was diagnosed with a disease.

"My life was a mess," she said. "The goats were my happy distraction."

Morse started seeing how therapeutic goats could be and that people would leave happy after spending time with her goats. In 2015, she opened up her place to the community, letting people come and spend time with the goats during "Goat Happy Hour."

"I had donated a kids birthday party to charity," Morse recalls. "At that event, one of the parents was a yoga instructor. She saw how beautiful it was in my field and asked if she could have a yoga class."



mals. Morse said goats are funny animals and make you laugh. They are present in the moment, and can be very relaxing to watch.

prepared for how cut throat it could be with competitors. On top of that, Morse has animal activists attacking her



the session, participants also are more than welcome to pet, hold, and cuddle the goats.

"This is your time, spent with the goats," won't hurt my feelings if you ignore the yoga in the class." Many other instructors feel the same way Even if

fingers, or simply trying to get a good scratch. Although the goats can make it slightly

more chal-

lenging

2014, naming them Ansel and Adams. Later, she was going

you try to focus on the yoga, at some point a goat will get you to laugh.

Although goat yoga is meant to be a relaxed form of yoga, it can also be challenging because while you are holding a pose, a goat might just climb on top of you. The

when they climb on you, their hooves can provide a little bit of a massage as they stand, jump, and balance on you. Goat yoga is a great



focused practice to grow the body and mind, goat yoga is the complete op-

goats with a tremendous amount of calming energy will also try to break your

way to take a break from Morse said. all the stress in life. Class-She thinks that is a es usually start around very important and ap-

Morse says that she told her she could, but that the goats will be all over the attendees.

"She thought that sounded cool," Morse said, "so I had her over to do a photo/video shoot with the goats and her doing yoga poses in my field."

Seeing how big of a hit the one class was, Morse decided to host more.

"When I started Goat Yoga, it was about the therapy that it can provide," Morse said.

She also explained that she feels that she was put on Earth to make sure that goat therapy becomes just as used as equine therapy. "Goats are better suited

for therapy animals," said Morse, "because they are

not as big and intimidating." Morse also said that goats do not

> need a bond to a human to love them. "They are social and loving animals and don't need a bond with a human to just walk

up to you and cuddle you,"

"All of those characteristics make for the perfect marriage with yoga," Morse said.

She also pointed out that dogs and puppies like to bite and play, and cats and kittens have sharp claws and usually like to spend time by themselves unless they have a bond with a human.

Morse says that her journey with Goat Yoga was difficult at first. People copied her idea, making it hard to compete with so many different businesses because their prices were lower.

"We were in a real business, paying employees, taxes, insurance, etcetera," she said.

She also had a lot of medical debt after she had gotten sick. Having full size and grown goats, she said, "most competitors are also dairy farms that have babies constantly. It's hard to compete with that, since most people want babies in the class."

She adds that most of her goats are in their forever homes and are never sold for meat or over-bred for dairy. Morse left her marketing job in 2017 and later changed her company's name to Original Goat Yoga in order to still be able to set her company apart from others.

"It was really fulfilling to have founded something

frequently who judge her because they see how other businesses treat their goats.

"If they could only see what a great life these goats have (out in her field)," she said. "They've went so far as to make fake Facebook profiles to give me onestar reviews or comment on articles about what a horrible business woman I was."

The best part of her journey is watching how happy it makes the participants, Morse said.

"When people come to the classes, they are smiling so hard and they leave so happy," said Morse.

She said it is really fulfilling to know that goat yoga has spread all over the world, from South Africa, Australia, and all over the USA.

Starting from a small interest and growing to be the newest yoga trend, you can find these fun classes almost everywhere.

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Photos by KAITLYN HYDE/ **PLAINSMAN** PRESS